

Perceived Stress Scale (Children)

The following questions ask you about your feelings and thoughts during the last week. For each question you will be asked to circle the picture that best fits your answer.

Name:

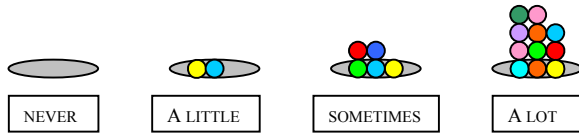
Date:

Age:

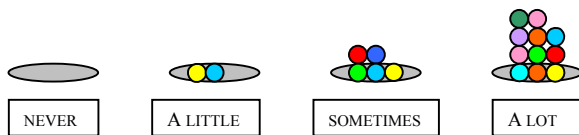
Birthday:

I am a: Boy Girl

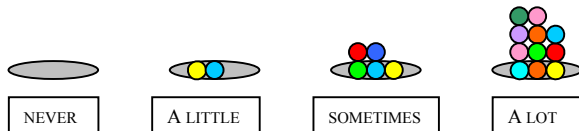
1. Which one has a lot of something?



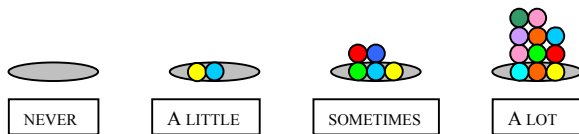
2. In the last week, how often did you feel rushed or hurried?



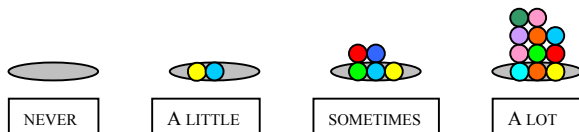
3. In the last week, how often did you have enough time to do what you wanted?



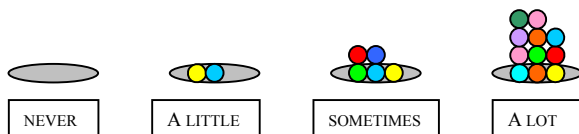
4. In the last week, how often did you feel worried about being too busy?



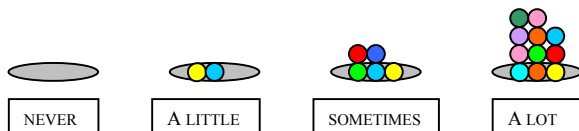
5. In the last week, how often did you feel worried about grades or school?



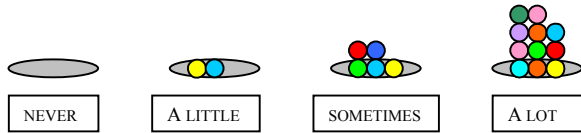
6. In the last week, how often did your mom and/or dad make you feel better?



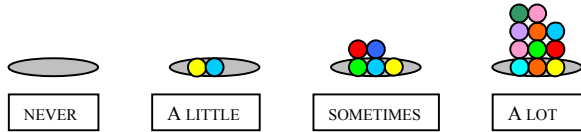
7. In the last week, how often did your mom and/or dad make you feel loved?



8. In the last week, how often did you feel scared or nervous?

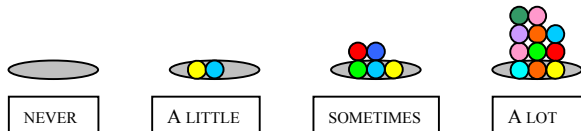


9. In the last week, how often did you feel angry?



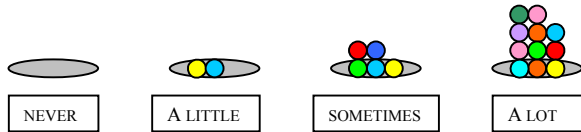
What made you angry?

10. In the last week, how often did you feel happy?

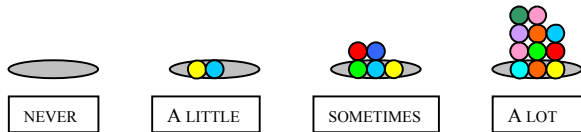


What made you happy?

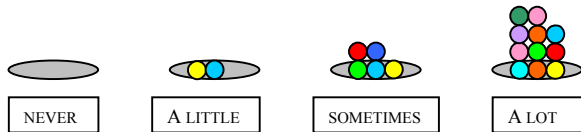
11. In the past week, how often did you get enough sleep?



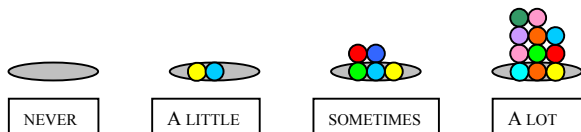
12. In the past week, how often did you have fights with your friends?



13. In the past week, how often did you play with your friends?



14. In the past week, how often did you feel that you had enough friends?



Thank You!

Math Survey

		Strong ly Disagr ee	Disagr ee	Neithe r Disagr ee or Agree	Agree	Strong ly Agree
1	I have views of the outside in the classroom.	1	2	3	4	5
2	The temperature in this classroom is comfortable.	1	2	3	4	5
3	I can speak at a normal volume with others in this classroom.	1	2	3	4	5
4	The air smells fresh and pleasant in this classroom.	1	2	3	4	5
5	I can see natural daylight from the classroom.	1	2	3	4	5
6	I feel safe in this classroom.	1	2	3	4	5
7	The amount of light in this classroom is good for me.	1	2	3	4	5
8	Math lessons are fun.	1	2	3	4	5
9	Schools should have more math lessons each week.	1	2	3	4	5
10	Math is one of the most interesting subjects.	1	2	3	4	5
11	I really enjoy going to math classes.	1	2	3	4	5
12	I look forward to math classes.	1	2	3	4	5
16		1	2	3	4	5

		Almost Never	Rarely	Some times	Ofte n	Almost Always
1 3	In this class I learn how to solve problems.	1	2	3	4	5
1 4	I give my opinions during class discussions.	1	2	3	4	5
1 5	The teacher asks me questions.	1	2	3	4	5
1 6	My ideas and suggestions are used during class discussions.	1	2	3	4	5
1 7	I ask the teacher questions.	1	2	3	4	5
1 8	I explain my ideas to other students in this class.	1	2	3	4	5
1 9	I am asked to explain how I solve problems.	1	2	3	4	5
2 0	I discuss ideas in this class.	1	2	3	4	5